

Sunnyside News is a weekly publication designed to inform member and subscribers of our current news and events.

## CHURCH LIFE

### BABY NEWS



Happy and proud grandparents Jim and Dollie Ragsdale shared the news that identical twin girls Lauren Elise (6 lbs 6 oz 19 1/2 inches) and Olivia Grace (4 lbs 9 oz 18 1/2 inches) were born on May 21 in Shreveport, Louisiana to John and Keri (Ragsdale) Kendall. The girls are one month old today - congratulations Ragsdale family!

### WOMEN'S BIBLE STUDY AT SUNNYSIDE

*"It is for freedom that Christ has set you free. Stand firm then and do not be burdened again by the yoke of slavery." Galatians 5:1*



"Breaking Free" by author Beth Moore is a study that brought over 60 women from many different denominations and churches throughout Fresno, to the first ever Soul Sisters gathering. The much anticipated and prayed for evening started with praise and worship, followed by a challenging introduction video by Beth Moore. She encouraged the women to work hard for 11 weeks with the expectation of breaking free from the bondage that keeps us

from being "effective, Spirit-filled women of God". After the video we broke into groups that, beginning next week, will discuss the homework that will draw us into a deeper knowledge of God's love for us. Beth draws much of the study from the book of Isaiah and focuses on believing His love for us and finding our full satisfaction in Him. The testimonies given by two of the women from Soul Sisters who have already been through the study, confirm that this study is life-transforming and we eagerly anticipate seeing God work in a miraculous way in the lives of all the women who have chosen to take this journey into freedom.



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Worship

Learn

Connect

Serve

# WORSHIP CELEBRATION

June 23, 2012  
11:00 A.M.

**"Great is Thy Faithfulness"**  
**"Everlasting God"**

**Welcome**  
Bud Dickerson

**Ministry Minute**  
Peter Kemp

**Offering**

**"Lord, I Give You My Heart"**  
**"We Fall Down"**

**Prayer**  
Patricia Ford

**"Peace"**  
Sunnyside Primary Class

**Scripture: Luke 10:38-42**  
Mike Ford

**"Fellowship First"**  
Gilbert Barr

**Benediction**  
*"Change My Heart, O God"*

## THIS WEEK AT A GLANCE

### Tuesday, June 26

Soul Sisters Community Bible Study -  
"Breaking Free" – Maroa Rooms 6:30 p.m.  
Facilities Committee Meeting – Youth  
Room 6:30 p.m.

### Wednesday, June 27

Food Pantry Distribution 10:00 a.m.  
Deadline for Bulletin info:  
bulletinstaff@sunnysidesda.org 6:00 p.m.

### Sabbath, June 30

Sabbath School 9:30 p.m.  
Worship Service 11:00 p.m.  
Oasis Meeting 6:30 p.m.

## PREACHING SCHEDULE

June 30 - Pierre Steenberg  
July 7 - Pastor Ray  
July 14 - Zaher Estassi

## MONTHLY CONTRIBUTION SUMMARY

June Church Needs	\$29,000.00
Church Needs Donations	17,034.70
Over (Short)	(11,965.30)
Year to Date	\$174,000.00
Donations Received	129,654.35
Over (Short)	(44,345.65)
Youth Pastor Fund	\$22,000.00

**THIS WEEK'S OFFERING**  
**Conference Faith Advance**

## SUNSET

This Friday  
8:22 p.m.

Next Friday  
8:22 p.m.

## HEALTHY BYTES

### Cayenne Pepper (part 3)

For an under active thyroid gland, put a cayenne pepper poultice on it and it will be stimulated. Since it will wake up the thyroid, it is best to not do this at night as it will keep you awake. Poultice: layer plastic wrap and paper towel, pour on some olive oil to hold the cayenne pepper in place, sprinkle 1/2 teaspoon cayenne pepper on oil. Place on the thyroid and wrap with a cloth to hold it in place. To improve overall circulation, wrap plastic wrap around the foot and add a sock.

Buy Cayenne pepper at a health food store vs. a grocery store. The ones in the grocery sometimes have chili in them. You are looking for a vibrant red color. Sprinkle it on your food, make a poultice, or a tea. It will intensify the reaction of any other herb. Again, it is good for what ails you!

For more information on healthy solutions and recipes,  
contact Gale Bolinger at 974-2459 or at [gale4health@comcast.net](mailto:gale4health@comcast.net)  
*I would like to remind you that these "Healthy Bytes" are my own suggestions and not medical advice.  
I get my references from many practical sources. Please read them with this in mind.*

**MEMBERSHIP TRANSFERS**

**First Reading:** Richard and Graciela Weiss to Azure Hills.

**VBS IS COMING!!**

**July 30 – August 3**

Please prayerfully consider how you would like to help with Vacation Bible School. Email us at [VBS@sunnysidesda.org](mailto:VBS@sunnysidesda.org)

**MEN'S MINISTRY MEETING**

Men's Ministry will meet next Wednesday (June 27) at 6:30 p.m. in the Junior class room. Refreshments will be served. We look forward to seeing you there.

**EARLY YOUTH****AT POVERELLO HOUSE THIS SABBATH**

The early youth will gather this Sabbath to serve lunch at the Poverello house. Kids make sure you wear your CSI t-shirts and comfortable shoes. We will leave the church at 11:30 a.m. and return by 2:00 p.m. for lunch. Parents: please sign permission slips in the Sabbath School room.

**FRESNO ADVENTIST ACADEMY NEEDS YOU!**

**Good news:** There will be no combo-classes this year! Fresno Adventist Academy is accepting applications for enrollment. If you have a student in K–12th grade, consider FAA! You are needed: Please prayerfully consider joining the Faith Valor Growth Club. This campaign for the academy is a commitment of \$400/year for five years – \$1.10/ day helps to create an amazing educational program for children for years to come! Your donation can be made online: [www.faa.org/donate](http://www.faa.org/donate) or to: FAA, 5397 E. Olive Ave., Fresno, CA 93727. Perhaps the Widow's Might Campaign is more within your means at \$5–\$25/month. If you have questions, please contact Richelle Rickard at 273-4976; [rrickard@faa.org](mailto:rrickard@faa.org). Your dedicated support will help FAA kick off their school year in flying colors! [www.faa.org](http://www.faa.org)



Current Central California SDA News  
[www.cccsdanews.com](http://www.cccsdanews.com)  
Sharing Information and News between Local Adventists

[www.cccsdanews.com](http://www.cccsdanews.com). CCCSDA News is not affiliated with the Central California Conference.

Current Central California SDA News is an information ministry. This website is an independent volunteer effort of local Adventists wanting to share information on the internet in a thoughtful and appropriate way:

**SUNNYSIDE GRACE IN YOSEMITE**

Sunnyside Grace will be providing Sabbath services at Yosemite Church Bowl, June 30. If you are visiting Yosemite that Sabbath, we invite you to join Sunnyside Grace for Sabbath School, Worship Service and the potluck following.

**REFRESHMENT TABLE HOST NEEDED FOR THIS SABBATH**

We do not have a host for June 23. Please call the church office (229-5501), if you can provide refreshments this Sabbath.

Other available dates: **July 14, 21, & 28.** Please sign up in the fellowship hall. You can make it simple or go with a theme. Reimbursement is available.

**FROM THE CHURCH CLERK...**

To keep our records up to date, we are asking for your help. If you have current residence or phone numbers for members we have been unable to contact for a very long time, please email Donna at [donna559@sbcglobal.net](mailto:donna559@sbcglobal.net). Should we be unable to locate them, we will need to remove their names from membership records. We will list each group of names for three weeks. Thank you for your assistance.

(listed June 7, 2012)

Doreen Dalbey  
Cynthia de La Cruz  
David Delgado  
Lily Delgado  
Melva Delgado  
Elva Earll  
Maxine Hernandez  
Josh Hernandez  
Maria Hernandez  
Phil Hernandez

(listed June 21, 2012)

Kelly Jordan  
Colin Lesser  
Rachel Lesser  
Rick Lofgren  
Traci Lofgren  
Michelle McConville  
Keith McDonald  
Andrew Rocha  
Joshua Skinner  
Sally Tigh

**FAA CONSTITUENCY MEETING**

Fresno Adventist Academy will have a Constituency Meeting on Sunday, July 8 from 9:00 a.m.–Noon. We hope to have a full house in the Ricchiuti Auditorium as we welcome our new principal Eric Johnson. He will be here for the meeting and looks forward to sharing FAA's vision and plans for the future.

Please submit your bulletin and eNews announcements of 50 words or fewer (in paragraph form) to: [bulletinstaff@sunnysidesda.org](mailto:bulletinstaff@sunnysidesda.org). All info is due by 6:00 p.m. Wednesday. Bulletin staff reserves the right to edit text.



# GETTING TO KNOW OUR FRIENDS AND FAMILY

WORSHIP

LEARN

CONNECT

SERVE



**Jim Robison**  
with his daughter and  
granddaughter  
**Heather &  
Hannah Daniels**



**Susan Barrick**  
with her daughter  
**Janette Frazier**

**CHURCH ADDRESS**

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Fax: 559.229.5502

email: churchoffice@sunnysidesda.org

website: www.sunnysidesda.org

**THE LAST WORD**

In order to be a realist you must believe in miracles.  
- David Ben Gurion

**HAPPY BIRTHDAY TO...**

- Tina Cornwell (6/23)
- Ben Fox (6/23)
- Yvette Kerbs (6/23)
- Michael Menes (6/24)
- Amanda Mora (6/25)
- Caila Morgan (6/25)
- Doug Wisener (6/25)
- May Bristol (6/26)
- Megan Edwardsen (6/27)
- Vonette Finkbeiner (6/29)
- Daniel Kwon (6/29)
- Michael Ward (6/29)

**HAPPY ANNIVERSARY  
TO...**

- Todd & Tina Cornwell (6/23)
- Eric & Carolyn Mendibles  
(6/24)
- Isaac & Caila Morgan (6/29)